

## **A MAIOR**

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*Amigo Secreto*

18.11.2023 – 07.01.2024

with Eliana, Fábio, Sofia and Tânia (A MAIOR), Simara Alto Astral.

Sadly, that's how life is, my dear. And friends are the ones that will never leave us, the others are only acquaintances. Don't fool yourself, the human being is just like that. In your case, it would be great if you went out more often, to find a community where you could meet people, it would bring you energy, make you stronger and realise that living by yourself is not that bad. When we stay inside we tend to become negative, we turn ill and depressed. I advise you to get a Rose Calcite and wear it on your chest, it will help dispel the sorrow and resentment taking over your heart. By using this crystal everyday, you will see the fear of loneliness go away and that sadness transform into happiness and joy. Paths will open up for new opportunities in life. Go to the beach, sink your feet into the sand and take in Mother Earth's energy, let her fill you with the power to love again, to understand, to give, and mainly, to invite love. If you want to buy the crystal already prepared and programmed for you, get in touch.

Text by Simara Alto Astral

Our seventh annual Christmas exhibition is play on Secret Santa. A life-size paper gift bag was made to fit each staff member of A Maior.