

The Blue Hour

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The Blue Hour is the period of twilight in which the sun lies below the horizon, evoking a tranquil blue shade. It is a space ripe in contemplative and tender energy, a moment between day and night; what has passed, and what is ahead? It is a shadowy, ambiguous state (the approach of night-time), in which the boundaries of the human body are often blurred and its porous nature revealed—whether through introspection, interpersonal encounters, or the adoption of persona.

Each of the artists included in this show explores the body as a non-autonomous being, whether disguising flora and fauna in organic limbs, using symbolic objects to nod to the influences of capitalism, marginalisation and geography on identity, or juxtaposing nature, the body and the surreal to reflect the complex formation of persona. After all, the human body has always been entangled with nature, technology, history, memory and capitalism, both physically and intangibly. It is during times such as the present; in periods of major social, political and ecological flux, that this is brought to the forefront. As Rousseau once said, “our true self is not entirely in us”.