

**GUAN RONG: RELAX**

"It still sounds questionably funny when Guan Rong says most of her art ideas are related to Deleuzian. As an artist who came to the U.S. at age of 17, didn't speak any English and after living in the States for 15 years, she cannot explain why but 'simply gets it.' But, really, how?"  
— [Guan Rong](#)

"Work. Don't Think. Relax."  
— [Ray Bradbury](#)

"A massage is just like a movie, really relaxing and a total escape, except in a massage you're the star. And you don't miss anything by falling asleep!"  
— [Elizabeth Jane Howard, Mr. Wong](#)

"Relaxing the shoulders is vital for relaxation in general."  
— [H.E. Davey, Japanese Yoga: The Way of Dynamic Meditation](#)

"Elizabeth lay face-down on the massage table, and allowed Marco to relieve the stress of the business day with firm and knowing fingers. Success, she decided, was often a matter of knowing when to relax."  
— [Barbara Taylor Bradford, Being Elizabeth](#)

"To amuse oneself in order that one may exert oneself, as Anacharsis puts it, seems right; for amusement is a sort of relaxation, and we need relaxation because we cannot work continuously."  
— [Aristotle, The Nicomachean Ethics](#)

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metro pcs is pleased to present *GUAN RONG: RELAX*, an exhibition of new work by Guan Rong. The show includes three large-scale chronological paintings.

Guan Rong makes paintings, films, books, performances, and radio shows with John Burtle. She has exhibited and performed at the Armory Center for the Arts, Riverside Art Museum, The Velaslavasay Panorama, KCHUNG Radio, Rowland Contemporary (Chicago), and Blütenweiss (Berlin). Rong was born in Tianjin, China (1981), attended CalArts, and the School of the Art Institute of Chicago. She is based in Los Angeles.

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July 31 - September 6, 2014

Opening July 31, 7-10 PM

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[metro pcs is an artist-run project space in Chinatown, Los Angeles](#)

422 Ord Street, 2<sup>nd</sup> floor, Los Angeles

Stairway entrance on Hill Street

Thurs 7-10 PM, Sat 12-6, or by appointment

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