## A MAIOR

Av. Tenente Coronel Silva Simões 144-46 3515-150 Viseu, Portugal <u>amaior.carrd.co</u>

Zhang Feng *Coroas* 

23.11.2024 - 05.01.2025

Simara gathered her family for another Yuletide. The crystal healer, her partner Sebastião, and her daughter Simara Patrícia radiate wholesome harmony for this festive season. "Christmas is very important to me. I'm a homemaker, and if my mom has taught me anything it was strong family values and to respect people," she tells *TeleNovelas* also pointing out that the shades of pink and silver on her Christmas tree bring something else to the house. "Being aware of the rise of breast cancer cases among women, and given this spiritual occasion, I decided to decorate the tree in pink to honour these female warriors," explains Simara.

Throughout the holidays, she receives lots of enquiries. "You don't have any idea of the misery out there... so for this Christmas, two friends and I will be distributing second-hand clothing, covers, bedding and small bundles to sixteen families in need. If anyone out there lucky enough to be doing well in life did the same, it would be a tremendous help! We will be focusing on the elderly this year, since they tend to be the most forgotten." About the year that is coming to a close, Simara reflects that "it was great, inspiring, ending in a positive note! I was awarded an honorary degree precisely because of that, for helping people in need. I'm in good shape and every single day I get to live is a blessing."

For 2025, the crystal healer anticipates "a lot of work" for the Portuguese: "it'll be an intense year, just as I predicted 2019/2020 to be, but we will get through it with a good fight... and be careful with your spendings," she warns. As for crystal healing, she expects this to be "the year of the energy generator, which is wonderful since the stone is embedded in a golden tube and it glows when transmitting its energy through touch, it's fabulous."

Simara Alto Astral interviewed by Rui Pedro Pereira (TeleNovelas, nº 1404, 2024)

Our eighth annual Christmas exhibition presents custom-made wreaths by Zhang Feng, owner of Zhang Feng Unipessoal, Lda., and co-founder of A Maior.

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## Checklist



Coroas, installation view.



Coroas, detail view.



Coroas, detail view.



Coroas, installation view.



Coroas, installation view.



Coroas, detail view.



Coroas, detail view.



Coroas, installation view.



Coroas, installation view.



Coroas, detail view.