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## FOR IMMEDIATE RELEASE

**Lutz Bacher: ODO** 

October 31 - December 13, 2008

Ratio 3, 1447 Stevenson Street, San Francisco, CA 94103

Opening reception: October 31, 2008, 6-8pm

**Butterscotch Pudding too** 

4 tbsp butter

1 cup dark brown sugar

1 1/2 tsp kosher salt

1 cup cream

2 cups milk

2 tbsp scotch, brandy, or whisky

1 tsp vanilla

2 eggs

3 tbsp corn starch

- 1. In a large saucepan, melt the butter over the lowest heat. Do not let the butter sizzle and separate. If this happens, discard it and get new butter.
- 2. Add the brown sugar and salt, and stir into the butter. Turn the heat up to medium and cook the sugar until it begins to bubble, 3 to 5 minutes, stirring occasionally to avoid scorching. When the bubbling begins, stir and let it bubble for about 30 seconds.
- 3. Add the cream in small additions, stirring between each. When all the cream is incorporated, add the milk, scotch, and vanilla all at once. Stir to combine and set aside.
- 4. Whisk the eggs and cornstarch until even. I find that the cornstarch will be lumpy at first, but if you whisk it a first time while the brown sugar is caramelizing, then come back and re-whisk it after the milk is incorporated, the liquid in the eggs will soften the lumps and they distribute evenly.
- 5. Whisk 1 cup of the warm butterscotch cream into the starchy eggs until evenly combined. Return this to the sauce pan of butterscotch cream, whisking to combine.
- 6. Begin cooking the pudding over medium to medium high heat, stirring all the while with a whisk. The mixture will begin to thicken after 3 to 5 minutes. Continue whisking constantly, watching for the first signs of bubbling. When the mixture just begins to bubble, reduce the heat to low and set a timer for 2 minutes. (if you are using an electric range, have a second burner preheated to a low setting) Stir the pudding over the low heat for 2 minutes.
- 7. Remove from heat, and immediately pour into a bowl to stop the hot pan from further cooking the pudding. Place plastic wrap directly on the surface to avoid a skin forming and let cool at room temp for an hour, then place in the fridge. Alternately, divide the hot pudding up between individual cups and let a skin form. I have to admit, I like a little skin, as it is a defining characteristic of home cooked pudding to me!