

## **A MAIOR**

Av. Tenente Coronel Silva Simões 144-46  
3515-150 Viseu, Portugal  
[amaior.carrd.co](http://amaior.carrd.co)

*Flocos de Neve*

06.12.2025 – 04.01.2026

As the holiday spirit takes over our streets and calendars, a slight pressure sets in to meet unrealistic expectations. Shopping lists become lengthy, party invitations multiply while there's not enough time for everything. Everything seems to be happening at the same time, which can be very overwhelming. To get through this festive season, it's important to set healthy boundaries: choose gatherings that really matter, don't be afraid to say 'no', and set tasks ahead of time to avoid rushing last minute. Moments of pause are much needed. A short walk, some minutes of quiet, or briefly stepping away from a busy room can clear your head and unwind. Rethinking your standards could make all the difference. Not every present needs to be memorable, not every meal needs to be impressive. When you prioritise emotional comfort, customs will feel rather meaningful than weary. You'd be surprised to find out how Christmas becomes lovelier when you let go the need to please everyone. Getting through this season means finding your own rhythm, celebrate what really matters and allow the holidays to be not a time to stress, but a time to enjoy.

Text by the *Top Novelas* Editorial Team (December 16, 2025)

Our ninth annual Christmas exhibition presents four cardboard snowflakes. Each snowflake represents a staff member of A Maior.

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### **Checklist**



*Flocos de Neve,*  
installation view.



Snow for Tânia.



*Flocos de Neve,*  
installation view.



Snow for Fábio.



*Flocos de Neve,*  
installation view.



Snow for Eliana.



Snow for Edmar.