

UNA

We are happy to announce ***From A to X (too much love)***, an exhibition by **Sofie Tobiášová** and **Adam Vít** at **UNA | Milano**. The exhibition unfolds as an investigation into movement, instability, and identity as a condition in flux, addressing the contradictions embedded in the contemporary search for meaning and belonging —to a place, a practice, or to another person. Central to the show are themes of in-betweenness and uprootedness, experiences of foreignness, and the tension between rural and urban contexts. Walking operates as a critical gesture, while the road emerges as both a physical and symbolic space. *From A to X (too much love)* proposes a space of deceleration and reflection—a human-scale response to a world driven by acceleration and productivity.

Sofie Tobiášová presents a body of predominantly horizontal paintings, developed through cycles of action and denial, decision and erasure. Her painterly process unfolds as a layered temporal space, where uncertainty, failure, and loss are embraced as necessary components of creation. The works employ deliberately kitsch or emotionally “awkward” imagery—adolescent love, loneliness, heartbreak, snowy landscapes, star-filled nights, romantic icons—to uncover their latent emotional and aesthetic potential. Adolescence becomes a central reference point: a phase marked by transition, vulnerability, and quiet shame, echoing the experience of migration and arrival in a new country. The recurring figure of the young girl embodies a threshold—no longer a child, not yet an adult—burdened with desire, expectation, and external projections. Rather than illustrating specific formative events, the paintings evoke the emotional atmosphere of that time: confusion, tenderness, longing, and clumsy attempts at love. The titles, drawn from love song lyrics, further anchor the works in an affective and temporal register. A recurring element in this new series of Tobiášová’s paintings is the color green, often appearing as a luminous accent. Ambiguous in nature, it evokes both urban alienation—recalling the nocturnal glow of neon lights—and the surrealist tradition, particularly the Czech avant-garde. The artist references figures such as Toyen and Jindřich Štyrský, whose trajectories of emigration and artistic struggle resonate with her own experience and subtly permeate the work.

Adam Vít’s practice explores an expanded conception of painting, focusing on how meaning and value are produced, displaced, and transformed. Through small gestures of layering and juxtaposition, his work engages with instability—in authorship, identity, and interpretation—while negotiating the tension between intimacy and structure. Through processes of reuse and recontextualization, the artist questions systems of presentation and representation within artistic production, alongside issues of economic exploitation, individuality, and identity.

Opening: Thursday, January 15, 5 pm - 8:30 pm

Exhibition: January 16 - February 28

Opening hours: Wednesday - Friday 3:00 pm - 7:00 pm | Saturday 12:00 pm - 6:00 pm & by appointment

UNA, via Lazzaro Palazzi 3 Milano intercom 1001

Sofie Tobiášová (*1996, Prague) is a Czech painter whose work intertwines everyday experiences with literary and theoretical inspirations. She studied painting at UMPRUM in Prague (2016–2022) and at Die Angewandte in Vienna (2022–2023). Her works have been exhibited, among others, at Casa Testori, Milano (IT), UNA Galleria (IT), Hunt Kastner (CZ), Berlínský model (CZ), Cabanon Paris (FR), City Surfer Office (CZ), Centre for Contemporary Art Cursor (CZ), Galleri CC (SE), Boccanera Gallery Trento (IT), and the Regional Art Gallery of Zlín (CZ). In 2026, she will be artist in residency at Cité des Arts (Paris). In 2021 she published *Everyone is Calling Me Selfie* with PageFive. Since 2023 she has been represented by UNA Galleria and lives in Collesino, Italy, where she co-manages and co-curates the art space Easter.

Adam Vít (*1994, Prague) is a multidisciplinary artist whose work explores perception, materiality, and miscommunication through painting and installation. Using vast variety of materials, he examines the interplay between physicality and meaning. He studied at UMPRUM Prague and the Estonian Academy of Arts. His work has been shown at the Center for Contemporary Arts in Prague (2024), 35m2 Gallery (2023) or Polansky Gallery (2022). He lives and works in Collesino, Italy, where he co-manages and co-curates the art space Easter.