

NATALIJA
GUCHEVA
rippling



through
JULIA
TRÖSCHER

KOMPLOT BRUSSELS

OPENING: 19.03.26, 18:00

20.03.26



26.04.26

CURATED BY CAMILLE VAN MEENEN
ASSISTANT CURATOR CHARLOTTE FRENAY

PL. DU CONSEIL / RAADSPLEIN, 1070 ANDERLECHT, BRUSSELS
OPENING HOURS: THURSDAY - SATURDAY: 2 - 6 P.M.
@KOMPLOT_BRUSSELS / WWW.KOMPLT.ORG



Natalija Gucheva & Julia Tröscher

rippling through

20.03 - 26.04.2026

PRESS RELEASE

Opening

19.03.2026, 18:00

Art Brussels Off Programme

Guided tour: 25.04.2026, 11:00

Curator

Camille Van Meenen

Assistant Curator

Charlotte Frenay

Opening hours

Thursday-Saturday, 14:00 - 18:00

Komplot, Brussels

Place du Conseil 4 Raadsplein, 1070, Anderlecht

komplot.brussels@gmail.com

About the exhibition

*What becomes suppressed slips into the crevices.
What slips must be actively brought to the surface.
That which doesn't fear the surface speaks loudly.*

Komplot Brussels is pleased to invite Ghent-based artist Natalija Gucheva and Antwerp-based artist Julia Tröscher for a duo exhibition titled *rippling through*, opening on March 19th, 2026.

rippling through explores the porous boundaries between our inner and outer ontology, looking at modes of imaging and imagining as active tools for accessing deeper parts of our emotional landscape. Through their video and installation practices, Gucheva and Tröscher engage in a meditative methodology, bringing about a potentially healing process by tapping into suppressed emotions and memories. Taking the intimate and the personal as a starting point, the exhibition simultaneously questions how internal messages speak to a wider collective context.

Fueling the thinking-feeling process for this exhibition is the notion of 'autotheory,' which explores the entanglement of subjectivity and criticality. Gucheva and Tröscher, developing new works both together and in parallel, experiment with 'autotheory' in their own distinct and individual forms.

Natalija Gucheva often works with alter egos, a methodology that reflects lived experiences and the complexity of one's own existence. In their work, personal memory, echoes of childhood, and repressed or painful emotional layers surface and take on bodily presence. By embodying an internal voice, memories are not merely revisited but re-experienced, unfolding in the immediacy of the present and allowing moments of confrontation to emerge.

Julia Tröscher draws from dream analysis, treating dreams as spaces of emotional and ecological transformation. Her work engages with subconscious forms of communication, where subtle signs and symbolic images appear from our lived experience as blurry visions within the mind. In this sense, dreams emerge as a collective reflection, where individual experiences touch broader ecological and social systems.

Presenting an immersive installation with video elements at its core, the artists create a space that invites the audience to relate to their work. How can the personal and universal come together? What can sensibility tell us?

rippling through places a great importance on the relationality between the artists and the curator – a conversation between them results in a publication designed by Emma Burel that will serve as the exhibition text.



rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



Natalija Gucheva, *In the Fold of The Self*, 2026, One-screen 2K video, 1:85, 6'06 min, sound. Videographer: Samuele Sartori. 3D Animator: Erifili Doukeli. Sound design: Benjamin Schoones. MUA: Theo Bonne. Costume: Aidan Abnet & Ines Amaia Naaraat
rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



Julia Tröscher, *Shadow (leaf)*, 2026, Dust, Beeswax, 12x7x2cm.
rippling through by Natalija Gucheva & Julia Tröscher, 20.03 -
 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



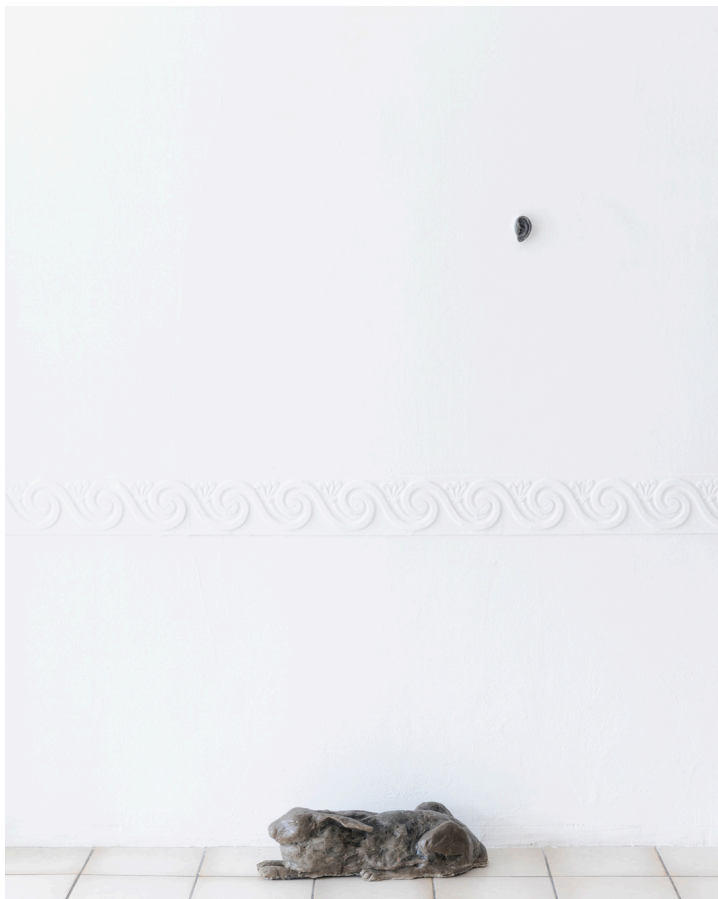
Natalija Gucheva, *mascot*, 2026, Fabric, buttons, thread, filling, 68 x 28 x 35 cm. Collaborator: Ivy Slater.
rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



Natalija Gucheva, *host for an arriving body*, 2024, Metal, clay, papier-mâché, two-component concrete, spray paint, 185 x 120 x 96 cm
rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger.



rippling through by Natalija Gucheva & Julia Tröscher,
20.03 - 26.04.2026, at Komplot, Brussels.
Image: Jan Staiger



Julia Tröscher, *Shadow (ear)*, 2026, Dust, Beeswax, 9x5x3cm.
Shadow (hare), 2026, Dust, Beeswax, 60x23x30cm. Collaborator: Charlotte Daniëlse.
rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels.
Image: Jan Staiger



Julia Tröscher, *Shadow (ear)*, 2026, Dust, Beeswax, 9x5x3cm.
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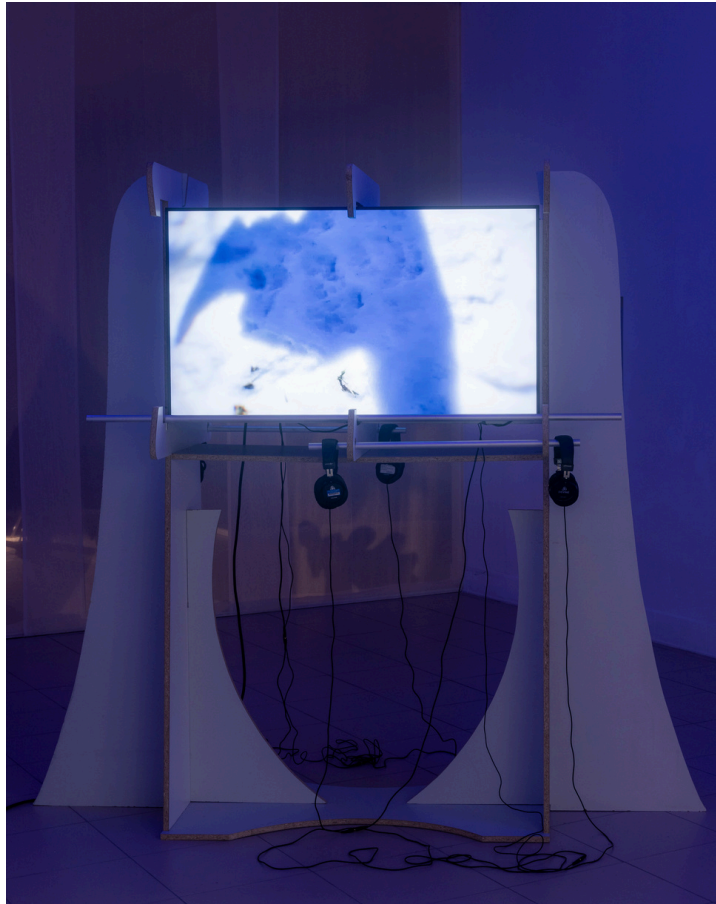
Natalija Gucheva, *remnant*, 2026, Animal bone, wax, 24 x 8 x 6,5 cm. *rippling through* by Natalija Gucheva & Julia Tröscher,
 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



rippling through by Natalija Gucheva & Julia Tröscher,
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Julia Tröscher, *Nowhere, knowwhere, now here*, 2026, two-screen 4K video, 2x 16:9, 13'20 min, sound.
rippling through by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels. Image: Jan Staiger



Julia Tröscher, *Nowhere, knowwhere, now here*, 2026, two-screen 4K video, 2x 16:9, 13'20 min, sound.
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Julia Tröscher, *Nowhere, knowwhere, now here*, 2026, two-screen 4K video, 2x 16:9, 13'20 min, sound. *Always on my mind*, 2026, Shadows. Dimensions variable. *rippling through* by Natalija Gucheva & Julia Tröscher, 20.03 - 26.04.2026, at Komplot, Brussels.
 Image: Jan Staiger

Artist Bio

Natalija Gucheva



Natalija Gucheva 's Portrait
Courtesy: Komplot Brussels

Natalija Gucheva (b. 1998, Skopje) is a visual artist and curator based in Ghent, Belgium. Working across installation, performance, and text, her practice explores how art can create shared spaces of memory, care, and belonging. Through immersive environments and collaborative methods, she investigates storytelling as a way to bring bodies, histories, and relational processes into focus. Drawing on feminist and queer archives, oral histories, and lived experience, Gucheva's work challenges dominant cultural narratives while amplifying voices that are often marginalised.

Gucheva's practice has been recognised for its sensibility toward the politics of care and its capacity to transform everyday gestures into moments of shared reflection. Whether working independently or collectively, she seeks to cultivate spaces where stories are exchanged, relationships are built, and alternative forms of togetherness can emerge.

After graduating with honours from the University of the Arts Utrecht (HKU) in Fine Arts (2018–2022), she obtained her Master in Fine Arts (2022–2024) and Postgraduate in Curatorial Studies (2024–2025) at KASK & Conservatorium Ghent. Her artistic and curatorial research develops through long-term collaborations that centre collective labour, care, and the politics of artistic work. Alongside her individual practice, Gucheva is an active member of the Ghent-based collective Shif—t*, contributing to its artistic direction, programming, and communication.

Her recent and upcoming projects include 15th Youth Biennial (MoCA, Skopje, 2025/2026), Setting the Table (PILAR, Brussels, 2025), For Some Time I've Been Standing (Kunsthall Ghent, 2025), and Eye Becomes Water (Het Paviljoen, Ghent, 2025). Her projects have been presented in Belgium, the Netherlands, and beyond, often situated at the intersection of art, community, and research.

[Natalija Gucheva website](#)
[Instagram](#)

Artist Bio

Julia Tröscher



Julia Tröscher's Portrait
Courtesy: Komplot Brussels

Julia Tröscher (b. 1997, Vienna) is a multidisciplinary artist based in Antwerp whose practice explores how art can renegotiate the terms of contemporary existence. Meditating on what is at stake in living within a drastically changing world, she engages her work to process meaning, relation, and belonging.

Merging intuitive image-making with theoretical inquiry, Tröscher draws on ecological and feminist theory while interlacing fragments of personal memory with collective experience.

Through moving image, text, and installation, her works unfold as tactile spaces where matter and language resonate, countering the techno-scientific gaze with an embodied way of seeing. Within these layered environments, she creates conditions for relational understanding and sensorial awareness, positioning empathy as a mode of reimagining how we inhabit the world.

Julia Tröscher lives and works in Antwerp, where she is currently a resident at MORPHO's Graduate Programme. She holds a BA with First Class Honours in Fine Art from Central Saint Martins (2021) and an MA in Visual Art from Sint Lucas Antwerpen (2024).

Recent group exhibitions include Head-Thrust-and-Hold, Studio FAAR, Antwerp (2025); Antwerp Art Weekend, M HKA, Antwerp (2025); Transformatie, Brakke Grond, Amsterdam (2024) and Unextractable: Sammy Baloji Invites, Kunsthalle Mainz (2023–24). She received the Antwerp Art Graduation Prize in 2024 and was shortlisted for the LVMH Maison/0 This Earth Award in 2021.

[Julia Troscher website](#)
[Instagram](#)

About Komplot

Komplot is an open platform dedicated to contemporary art and curatorial experimentation. Since 2002, it has hosted exhibitions, discussions, workshops, and collaborative projects. Komplot supports emerging curators by providing a space for exploring new approaches to exhibition-making and collective processes. The platform emphasises inclusivity and experimentation, fostering dialogue and critical engagement. It is a place where artistic and curatorial practices evolve together.

Komplot is led by a curatorial collective composed of Pauline Salinas Segura, Thibaud Leplat, and Camille Van Meenen.

[Komplot Website](#)

[Instagram](#)

Contact

For press inquiries, press images, or to arrange a visit to the exhibition, please contact:
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or

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