Triangolo hosting Laurel Gitlen

Este Lewis *Time to plant hearts*

June 6th – August 1st, 2026

Triangolo
Via Stella, 14
26100, Cremona, Italy

For further information, please contact
Laurel Gitlen, lg@laurelgitlen.com

TRIANGOLO
LAUREL GITLEN

Time to plant tears, says the almanac.
The grandmother sings to the marvelous stove
and the child draws another inscrutable house.

—Elizabeth Bishop, Sestina

The life wheel turns and mountains wake to spring. A bed of earth where hearts are buried. In the house of love and plenty, Este Lewis is our gardener. She plants bleeding hearts, little lantern teardrops, chandeliers of time-shed feeling. Before our eyes, some roots bloom already, in a blanket of soft tissue, a cascade of the heart's secret stream.

In residence at Triangolo, Cremona, Laurel Gitlen is delighted to present Time to plant hearts, the gallery's inaugural solo exhibition with life artist Este Lewis. For fifteen years, Lewis has pressed open her heart's gleanings in Buy-Write, an expansive diary-receipt project documenting and activating the artist's online purchases. The triad work on view in Cremona showcases Buy-Write within Lewis' romantic garden of sensibility, alongside Floral Toilet Paper Garden, where intricately patterned toilet paper is recast as wallpaper, and Time to plant hearts, sounding the call of an international movement to plant heart gardens.

Such artworks trace the arc of Lewis' life, and our own cultural milieu. The online shopping era began in the 1990s and has since taken over our existence, from ordering home staples and giving into closet splurges to the world witnessing the Amazon nuptials in Venice, a flagrant display of consumerist ostentation. The buying culture that made it possible, and to which we are all tethered, becomes a launchpad and canvas for conscious change in Lewis' work. While most are too anaesthetized by easy shopping to function as more than cogs in the wheel after a deal, Lewis reinstates an arena of private communion and interpersonal connection within our buying frenzy by using the gift-note field of her transactions as a redemptive artistic space for poetic messaging to self (and strangers) and a framework for art (oftentimes, hand-drawn hearts).

Lewis' artful receipt archive comprises Buy-Write, a long-term library housed in binders and exhibited here in abridged form. This includes a catalogue of recent acquisitions: a Joyce Mansour collection; Anne Carson's Nox; a gardening hand tool; and bleeding hearts from a nursery in Brescia, for which Lewis' spirited gift-note reads, Tempo di piantare cuori, time to plant hearts. Lewis binds word—her words, your words—to the wings of purchase, at a cross-section of competing economies: farmers, publishers, "big box" companies. She likens her buying history to an experimental diary, an activation of our right to amend our consumerist habits and reorient ourselves creatively, in pursuit of a kinder, gentler, more tender, thoughtful world.

Lewis' gift-notes skirt the ethers of creation. Everyone's creation. Everyone wrapped inside creation: seller, buyer, coveted thing. Both artwork and instruction, Buy-Write initiates us into a natural "rite," a genre of spiritual rectification, of alchemizing that which is systemically inhuman, compulsively unbearable. She imperceptibly urges us to Buy-Write, to buy in the right way, as deftly as she quotes Elizabeth Bishop's Sestina to compose a gift-note or writes while ordering underwear: I finally told my therapist that I am attracted to him and Googled him before our first session 28 weeks ago and discovered that he was a male model and found an article about him in Rolling Stone magazine from 2000 . Lewis invites her audience to wield authorial agency at a vulnerable choice-point; in the moment of clicking buy, to sign each whim By me, to remember our why's, our we's.

Hailing from a family of artists, including her late brother, Hesh Halper, well-known for chalking thousands of hearts on the streets of New York City, Lewis often asks vendors to draw hearts: to garland their packages with a semiotics of empathy. As the hand of production warms, wishes wayshow a new consciousness amidst universal bounty, a surplus of too much everything. Memory and desire stir and wasted time is unspent, through a living book that exceeds cardboard casings, as Lewis threads a world-long lattice of text, want and seed.

On the occasion of this exhibition, Lewis extends Buy-Write's lattice to the flower field, anchoring her heart plants in Italy's rich soil. In preparing for the show, she began a series of ongoing plantings at sites closer to home; availing domestically sourced buds that survived a severe hailstorm to tough it out in urban settings and to honor her brother's grave. These heart plantings are installatively linked to a wallpaper "orchard" that offers viewers glimpses of the artist's attention to detail, seen in ribbon-like panels of embossed rosettes interposed with fairy banners of lavender and lemon yellow, capturing the ephemeral nature of the tissue medium while evoking an imaginal scape beyond ordinary functionality.

Lewis earns the title of life artist because she is always creating art out of her life. Her shopping trail is akin to a confession: Freud's couch and place of prayer. Her oeuvre is a garden of self in a world gone mad. In the lineage of artists such as Linda Mary Montano and Hanne Darboven, Lewis plods towards faith and the teachings of experience. All this becomes a portal, the heart-bled whisper. It is up to you to dig your hands into the dirt, to weed out materialist mundanities, to seek, and dwell in, our truest ecstasies. Eschatological compressions fall away in divine reset, in the flow of Mother Nature, a call for planting as rite of passage, for the heartfelt, transcendental exchange that may set our visions free.

—Lily Koppel and Moselle Kleiner

Este Lewis (b. 1983, Philadelphia) is an idea-based life artist. Since 2012, she has been documenting her life through Buy-Write, an experimental diary written in the gift-note field of online stores. Her work has been exhibited at Scheusal (Berlin) in dialogue with Hanne Darboven, at Laurel Gitlen (New York), and performed as a visual reading at the Emily Harvey Foundation (New York/Venice). Lewis's wallpaper art has appeared in House Beautiful, New York Magazine, and Food Network. She holds an MFA from the Yale School of Art and lives and works in New York City.



siglio

Drawing in tree
PRANA

Thank you for your ord

COTTON DAY Women's Combed Cotton Colorful Fine Ribbed Trouser Dress Socks Shoe Size 6-9 Latte/Vanilla/Sand
Order ID: 113-0769662-1429850 Ordered on May 28, 2026











Este Lewis
Floral Toilet Paper Garden, 2026
Wallpaper
Variable Size



Este Lewis
Time to plant hearts I, 2026.
Archival inkjet print on cotton rag 12.5 x 12 in, 31.75 x 30.5 cm
edition of 5 plus 2 AP

A gift for you

TIME TO PLANT HEARTS From

amazon Gift Receipt

Scan the QR code to learn more about your gift or start a return.

20 pcs Rare Mix Color Red Pink Purple White Bleeding Heart Seeds Shade Flower Garden Home Outdoor Indoor

Order ID: 111-8463721-4685824 Ordered on March 24, 2025



Este Lewis
Time to plant hearts II, 2026.
Archival inkjet print on cotton rag
12.5 x 12 in, 31.75 x 30.5 cm
edition of 5 plus 2 AP



MAGIC EYE® 3D VIEWING INSTRUCTIONS: Hold the front of this postcard *right up to your nose*. The image should be blurry. *Very slowly* move the postcard away from your face, try not to blink, and a 3D hidden image will magically appear!

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To be in the Kingdom

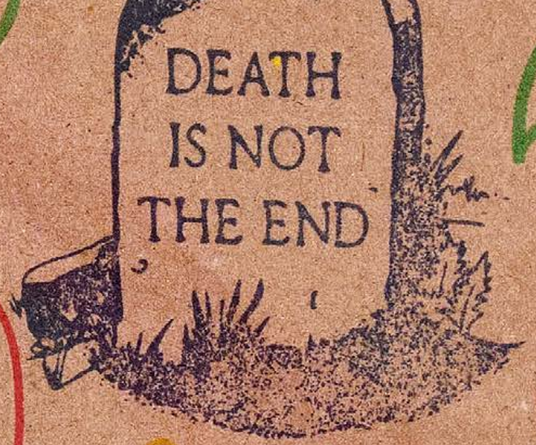
is merely to focus

your full attention on it.

Miracle Distribution Center - www.miraclecenter.org



Este Lewis
Time to plant hearts III, 2026.
Archival inkjet print on cotton rag
12.5 x 12 in, 31.75 x 30.5 cm
edition of 5 plus 2 AP



Death Is Not The End

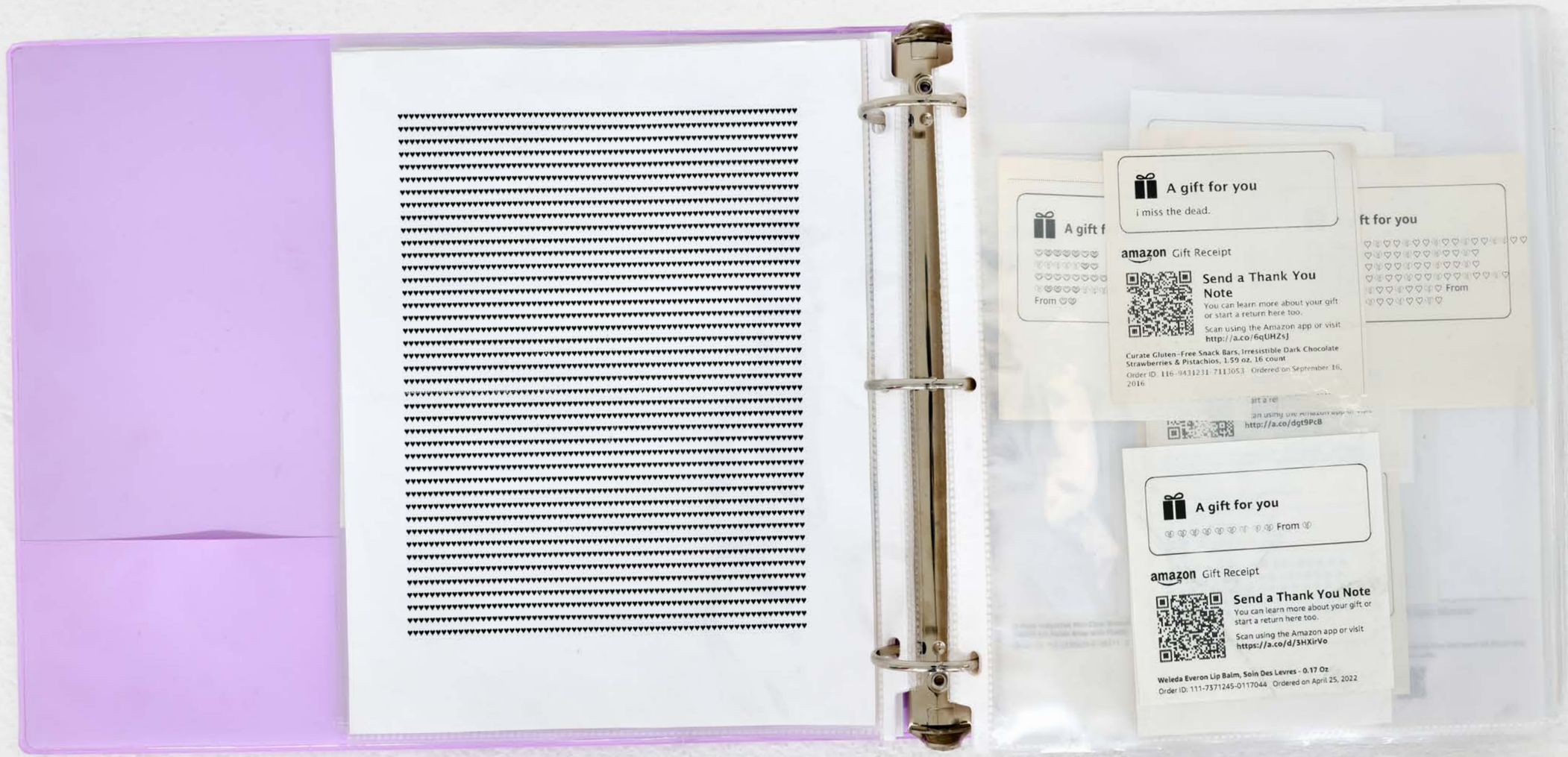
Death Is Not The End

Death Is Not The End





Este Lewis
Buy-Write, 2012–2026
Binder, plastic sleeve protectors, paper gift-notes and receipts.


A gift for you
i miss the dead.
amazon Gift Receipt
Send a Thank You Note
You can learn more about your gift or start a return here too.
Scan using the Amazon app or visit
http://a.co/6qUHZsJ
Curate Gluten-Free Snack Bars, Irresistible Dark Chocolate Strawberries & Pistachios, 1.59 oz, 16 count
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http://a.co/dgt9PcB
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Brooklyn, New York 11230
USA

Ship To

Esther Lewis
1375 Ocean Avenue Apt3J
Brooklyn, New York 11230
USA

Contact:
Telephone: 215-266-0150
E-mail:

Contact:
Telephone: 215-266-0150
E-mail:

Ship Via	F.O.B.	Payment Method	Salesperson
U.S. POSTAL SERVICE		Visa/MC	

Ship Date	Order Date	Ordered By	Customer PO Number
5/22/2026	05/22/26	Phone	

Order Quantity	Shipped Quantity	Location	Item #	Item Description	Price	Extended Price
1	1	P26D	249752	Heart Is Strange	7.98	7.98

GIFT NOTE:

A bed of earth where hearts are buried.

- Mouelle

1 Total # of Units

Total Paid	12.48
Balance Due	0.00
Page No.	1

Subtotal	7.98
Freight	4.50
Invoice Total	12.48

This order was charged to your credit card.

equinoctial

tears

YOU KNOW THAT SONG...

Laughing But Crying


Poor Old Tired Books
Invoice
Invoice for
Esther Lewis
Description
Shipping
Tax
OUT OF THE BLUE AND INTO THE BLACK
A gift for you
12TH DIMENSION From
BLACK TULIP PRESS
amazon.com
Order of November 5, 2015
Qty. Item
1 Coeur de Lion
Return or replace your item
Visit Amazon.com/returns
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ITEMS PRICE QTY ITEM TOTAL

INCOTERMS : DDP

SHIPPING ADDRESS
Este Lewis
1375 Ocean Ave
APT 3j
Brooklyn NY 11230
United States
Tel. +12152660150

CUSTOMER
Este Lewis
1375 Ocean Ave
APT 3j
Brooklyn NY 11230
United States

PAYMENT METHOD
Visa (8074)

SHIPPING METHOD
DHL Express

BASERANGE

Receipt / Tax Invoice #25538
Jan 10, 2024

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11/01/2024 09:14

Order Printer Pro

11/01/2024 09:14

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Eichlers.com Receipt

Eichlers
1401 Coney Island Ave
Brooklyn, New York 11230
1-888-342-4537 Ext. 104
http://www.eichlers.com

Order: 1000730287
Placed: 2/19/2019
Shipping: In-Store Pick-UP (We will notify you when its read
Status: Complete

Bill To
Esther Lewis
--None--
1375 Ocean Ave
Apt 3j
Brooklyn, New York 11230-3225
2152660150
este.lewis@gmail.com

Ship To
Esther Lewis
--None--
1375 Ocean Ave
Apt 3j
Brooklyn, New York 11230-3225
2152660150
este.lewis@gmail.com

Image	Item #	Name	Status	QTY	Price	Total
	SHCSHPKWT	Ner Havdalah Candle Red and White	Available	1	6.99	6.99

Subtotal: 6.99
Tax: 0.62
Order Total: 7.61

Order Information

Shipping
Shipped on **2/19/2019** using **Eichlers.com In Store Pick Up 1401 Coney Island Ave, Brooklyn, NY 11230: 54691389672344**

Gift Message

Gift Sender:
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Gift Recipient:

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Ship To Customer No.	Bill To Customer No.	Salesperson	Pack List Date	Pg. No.	Pack List Number
6036901	6036901	HOUSE	04-16-26	1	5177209

Terms	Order Number	Ship Via (F.O.B. Shipping Point)
PAID	170917	USPS MEDIA MAIL

BILL TO:
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1375 OCEAN AVE
3J
BROOKLYN NY 11230

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3J
BROOKLYN NY 11230

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E-mail: orders@nybooks.com

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Order ID: 116-0997465-0902669 Ordered on September 25, 2016

Claims for incorrect or damaged shipments MUST be received within 14 days of original invoice, or claim will be automatically rejected.

STATUS
1. Out of Print – Cancel
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3. Out of stock – Back Ordered
4. Not Yet Published – Back Ordered

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PO Box 352
Louisiana, MO 63353
Phone: 866-947-5694

INVOICE NUMBER:	361618793	BATCH:	116627
PICK NUMBER:	363616187793.01	WAREHOUSE:	100
INVOICE DATE:	03/11/12	GROUP:	*GRP:040 *
ORDER NO./DATE:	4191919 03/10/12	TYPE:	*MULTIPLE *
CUSTOMER NO.:	3524841	PAGE:	1 of 1
DELIVERY MSG.:		ITEMS TO SHIP:	2
		SHIP METHOD:	PRIORY GROUND

WEB# 3795
C#0039248
ESTHER LE
80 HOWE S
APT 401
NEW HAVEN
Sa
Ma

LOCATION		EXTENSION
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GC		

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"UNIVERSE, VAST UNIVERSE, MY HEART IS VASTER."

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You can learn more about your gift or start a return here too.
Scan using the Amazon app or visit
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100 Love Lies Bleeding Flower Seeds
Order ID: 114-1612678-4852769 Ordered on August 18, 2017

STATUS CODES

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Ship Via
Payment Method: Standard Delivery

Phone: 1-800-493-0520
Phone: 1-954-984-5190
Fax: 1-954-984-5192

Order Date:
05/06/18

Sold To
Esther Lewis
None--
1375 Ocean Ave Apt 3J
Brooklyn NY 11230
estcklew@gmail.com
2152660150

Wgt. Ords.
62 LBS

Ref. No.
129822

SHIP TO
Esther Lewis
None--
1375 Ocean Ave Apt 3J
Brooklyn NY 11230
2152660150

Visa

Qty. Ordered	Qty. Shipped	SKU	Description
1	0	MJJSnCdWSHFW	Pink And Yellow Braided Havdalah Candle
1	1	IDDHC4	Flat Beeswax Havdalah Candle

Gift Message:
I AM GOING TO INJECT MY BLOOD INTO AN ORANGE. BUT I WANT NOT WANT FOR BELIEVES OUR C JUICE ARE IN OUR BLOOD, AND HE DOES NOT WAN T ME TO LOSE PART OF MY SOUL TO AN ORANGE. BUT I WANT PART OF MY SOUL IN AN ORA IGE

A gift for you
I AM GOING TO INJECT MY BLOOD INTO AN ORANGE.

amazon Gift Receipt

Wacoal Women's Skinsense Brief Panty, Tango Red, S
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PLEASE REVIEW the contents of this box to be sure there is nothing missing or damaged. Any issues must be reported to us within 48 hours of receipt. The following procedures must be followed. Please keep all of the packing materials and boxes. Call or e-mail us with detailed information regarding the issue. PLEASE NOTE: If the above instructions are not followed your claim may not be covered under the shipping company's insurance policy.

RETURNS should be shipped back to the address listed on the top of this packing slip. Please enclose a copy of this packing slip for prompt processing of your return. Please be sure to repackage all items in their original box. Please properly insure your package.

Planting Hearts, Po River, Cremona, 6 June 2026 Photo: Maria Wallace



Planting Hearts, Cappella della famiglia Buschini, Cimitero Monumentale di Cremona, 6 June 2026 Photo: Maria Wallace



Planting Hearts, Cappella della famiglia Buschini, Cimitero Monumentale di Cremona, 6 June 2026 Photo: Maria Wallace



Planting Hearts, Parco Pubblico, Brescia, 4 June 2026 Photo: Daniel Graham Loxton

LAUREL GITLEN

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